

PAFP Cruise to Bermuda

June 20 – June 27, 2014

CME Agenda

June 20

Pre-cruise session at Hyatt Place BWI

8:30 –
9:45 am

The Dementias
William Sonnenberg, MD, Titusville

- Discuss specific causes of Dementia besides Alzheimer's Disease;
- Discuss the diagnosis and value of early identification of dementia;
- Compare the treatment options, medical and non medical.

June 21

8 – 9:00 am

Upper Respiratory Infections (Patient Safety)

William Sonnenberg, MD
Titusville, PA

- Identify the clinical manifestations of upper respiratory tract infections (URI);
- Appropriately manage a URI;
- Counsel patients on preventing the spread of upper respiratory tract infections.

9:05 –
10:05 am

Culturally Competent Medical Care (Patient Safety)

Lisa Goss, MD, Washington Hospital Family Medicine Residency, Washington, PA

- Better understand the changing population in the United States and how this affects health care delivery;
- Learn practical skills and tools based on standard principles for delivering culturally competent medical care;
- Understand how health literacy and culture impact health care delivery;
- Learn techniques to establish rapport, build trust, demonstrate concern, and increase the likelihood of adherence and improved outcomes.

10:10 –
11:10 am

Prostate Cancer Screening and Treatment (Patient Safety)

Gus Geraci, MD
Harrisburg, PA

- Identify, assess and compare recommendations by the leading organizations on prostate cancer screening;
- Create a plan for doing prostate cancer screening within your own practice;
- Employ evidence based data to counsel men on the use of prostate cancer screening.

11:15 am –
12:30 pm

Laceration and Burn Care

Hazel Bluestein, MD

- Define and describe the characteristics and emergency medical care of a patient with a superficial burn, partial-thickness burn, and a full- thickness burn;
- Understand the process of wound healing in soft-tissue lacerations.

June 22

8 - 9 am –

Environmental Concerns for Travelers: The Role of the Family Physician (Patient Safety)

John Surry, MD

Patient First, Mechanicsburg, PA

- Encourage the traveler to study their itinerary, selecting those activities best suited to their health status;
- Advise the traveler of the most common health hazards associated with their itinerary;
- Provide practical advice regarding avoidance of illness and injuries related to their itinerary;
- Direct the traveler to current and reliable resources regarding their itinerary.

9:05 –

10:05 am

Concussions: Moving Beyond Diagnosis: Now What? (Patient Safety)

William Sonnenberg, MD, Titusville, PA and Kevin Wong, MD Jeannette, PA

- Know the cognitive tests to be given post-concussion;
- Know what instructions should be given regarding follow-up care and symptom monitoring;
- Review the information needed when consulting with other medical professionals.

10:10 –

11:10 am

Physician Burnout (Patient Safety)

Jane Zendarski, DO, Good Samaritan Family Practice Residency, Lebanon, PA

- Understand the importance of burnout in physicians and how it can affect daily life and practice;
- Be aware of symptoms of burnout;
- Know the intervention approaches.

11:15 am –

12:15 pm

Deep Vein Thrombosis and Pulmonary Embolism (Patient Safety)

William Sonnenberg, MD

Titusville, PA

- Identify the risk factors for DVT and PE;
- Know the diagnosis, how to prevent and the treatment options of DVT;
- Know the diagnosis, how to prevent and the treatment options of PE.

12:20 -

1:20 pm

Culturally Competent Care

Barbara Hoffmann, MD, York, PA

- Review of how to handle requests for translators and available options;
- Religious beliefs and the effect on treatment;
- Strategies for improving physician/patient communication and being understood

June 25

8:15 – 9:15 am **Facilitating Transitions of Care to Improve Patient Care (Patient Safety)**

Kevin Wong, MD
Jeannette, PA

- Identify at least two specific evidence-based benefits of coordinated transitions of care from hospital / SNF to home;
- Recognize at least four priority tasks involved in a coordinated transitions of care program;
- Identify tools to assist in developing processes to support coordinated transitions of care in your practice;
- Know the requirements for billing and coding.

9:20 – **Home Care, Referrals to Hospice and Medicare (Patient Safety)**

10:20 am Norman Rish, Family Home Health Services, Monroeville, PA

- Know the Medicare requirements to be eligible for homecare;
- Know the Medicare requirements to be eligible for hospice;
- Know the requirements for physician to certify homecare - the face to face encounter form;
- Know the Hospice rules for face-to-face and continuation of care.

10:25 – **Environmental Concerns for Travelers: Sky, Surf and Sun**

11:25 am John Surry, MD, Patient First, Mechanicsburg, PA

- Develop a systematic approach to assessing and counseling travelers for air travel and altitude;
- Advise travelers on the prevention, recognition and management of jet lag;
- Advise traveler on prevention, recognition and management of altitude sickness;
- Advise traveler on the prevention, recognition and management of diving related illness;
- Advise traveler on the prevention, recognition and management of sun related injuries.

11:30 am – **Community and Hospital-Acquired Pneumonia, The Forgotten Killer**

12:30 pm William Sonnenberg, MD, Titusville, PA

- Know the common signs and symptoms of pneumonia;
- Identify patients who are at high risk of acquiring pneumonia.

12:35 – **Integrative Functional Medicine Overview**

1:30 pm Barbara Hoffmann, MD, York, PA

- Outline and identify the main principles of Integrative Functional Medicine;
- List three types of patients who may benefit from this approach;
- Be able to apply the approach to complex and difficult to treat patients in medical practice.

Session will involve problem solving cases and treatment plan design.

June 26

8 – 9:30 am – Quality Improvement and Physician Leadership (Patient Safety)

Gaspere (Gus) Geraci, MD
Mechanicsburg, PA

- Describe a process for resolving any issue you have in healthcare;
- Identify the critical requirements and steps in the process to resolution;
- Recognize why strong physician leadership is key to the success of the resolution of the issues.
- Participants will practice the skills learned in this session.

9:30 – 10:30 am – Hypertension Evidence-Based Updates

William Sonnenberg, MD
Titusville, PA

- Devise evidence-based treatment plans for managing hypertension;
- Justify pharmacotherapy regimens for treating hypertension in patients with a history of other chronic diseases based on evidence and JNC 7 recommendations;
- Apply special considerations and analyze clinical controversies surrounding the treatment of hypertension in the elderly.

10:30 – 11:30 am – Billing and Coding

Hazel Bluestein, MD

- Know proper coding of chronic diseases and complex patients;
- Understand the importance of remaining up to date on coding changes and learn steps to avoid missing information on the changes that occur;
- Gain a complete understanding of the use of modifiers, section guidelines and the uses of specific codes.

11:30 am – 12:30 pm – Love, Romance and ADHD (Patient Safety)

William Sonnenberg, MD
Titusville, PA

- Discuss the neurobehavioral features of adult ADHD and the differences between childhood, adolescent and adult ADHD presentation, including potential impacts on marriage, family and other social relationships;
- Discuss diagnostic criteria, differential diagnosis, and current research-based strategies for diagnosing ADHD in adults;
- Offer effective treatment options to adults with ADHD including non-stimulant options, stimulant medications, anti-depressants, other agents, self-management, and counseling, which will assist patients to maintain successful work, family and social relationships.